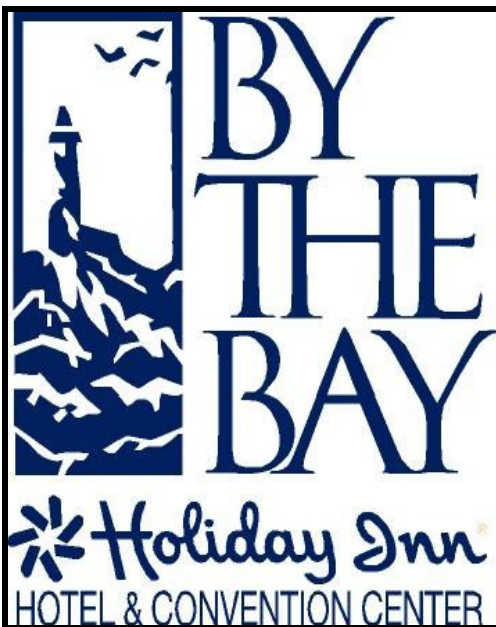


Responsible Prescribing
Topics for Nurse Practitioners
Throughout the Lifespan

15th Annual Spring Conference for
Nurse Practitioners

April 14 -16, 2010
Holiday Inn By the Bay
Portland, Maine



.....**A Message and Invitation from the President**

Dear Friends and Colleagues,

The Maine Nurse Practitioner Association cordially invites you to attend the 15th Annual Spring Conference, April 14-16, 2010 at the Holiday Inn By the Bay in Portland, Maine.

We have a fantastic conference planned. This year our timely theme is *“Responsible Prescribing Through Out the Lifespan”* and we invite you to discover the latest legal prescribing issues as well as a variety of other topics featuring current and emerging issues.

The Professional Development Committee, lead by co-chairs Penny DeRaps and Miki Macdonald has gathered a talented group of speakers that I am sure you will find interesting. It is a wonderful opportunity to network with nurse practitioners and industry representatives from around the state.

This year’s conference is once again at the Holiday Inn by the Bay in Portland. We remind you that our conference is earlier in the spring this year. We also are very excited to offer a lecture on Wednesday evening for those of you who arrive early.

This year’s keynote address will be delivered by Wendy Wright, MS, RN, ARNP, FNP, FAANP. Wendy spoke at the 2009 Holiday “Ooh La La” lecture and was so well received that we signed her up right away to set the tone for our 2010 conference. Wendy’s lecture is entitled *“Safe Prescribing for the Nurse Practitioner: Avoiding Prescription Errors and Litigation.”*

From last year’s conference evaluations, we learned that many of our members would prefer to have a little more time for Q & A at the end of breakout sessions. To achieve this we have extended the breakout sessions and second day general session to 1 hour and 15 minutes.

Our annual auction continues to grow and provide us with conference scholarship funds for both students and nurse practitioners. Last year we provided scholarships for eleven NP students. If you know of someone that may need a scholarship, please ask them to visit our website at <http://www.mnpa.us/> to download an application. We are in need of auction items in order to continue to provide these scholarships. Original art work, handmade sweaters, jewelry, tickets to sporting events, and gift certificates to local boutiques, LL Bean and restaurants are always very popular with our members. To donate an item, please contact the auction coordinator, Allison Talon at atalonp@maine.rr.com or call 776-1588

This year we will also offer, for the first time, scholarships for MNPA members who seek further training in leadership. Details on this year’s recipient(s) and how to apply for future scholarships will be available at the conference.

Another first for MNPA are poster presentations. Various NP students have been selected by the Board to display their poster presentations at this conference

This promises to be another excellent conference with some new ideas and a variety of lectures. I look forward to seeing you in April.

Cynthia Milles, President 2009-2010
Maine Nurse Practitioner Association

**2009 - 2010
MNPA**

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Executive Director

Contact INFO:

MNPA

11 Columbia Street

Augusta, Maine

04330

Phone: 207.621.0313

Fax: 207.622.4437

E-mail: pam@mnpa.us

Registration Forms

Available in

Downloadable

Format at:

www.mnpa.us



Wendy L. Wright, MS, RN, ARNP, FNP, FAANP
Key Note Address

8:00 - 9:00 am April 15, 2010

“Safe Prescribing for the NP: Avoiding Prescription Errors and Litigation”

Wendy is a 1992 graduate of the Adult Primary Care Nurse Practitioner program at Simmons College in Boston, Massachusetts and completed a family nurse practitioner post-master’s program in 1995. She is an adult and family nurse practitioner and the owner of Wright & Associates Family Healthcare. In addition, she is a Partner with Partners in Healthcare Education, a medical education company. She is the Past President of NPACE and the Senior lecturer for Fitzgerald Health Education Associates.

She is the recipient of numerous awards and was chosen by the American Academy of Nurse Practitioners as the 1999 recipient of the New Hampshire State Excellence Award. In addition, she received the 2009 NH Nurse Practitioner of the Year award and in 2005, she was inducted as a Fellow into the American Academy of Nurse Practitioners; a position held by only 200 other nurse practitioners throughout the country. She presents nationally to different audiences and has been a speaker at over 500 conferences in 43 states.

Wendy is also an Adjunct faculty member at the University of Wyoming - Graduate Nursing Program, on Medscape’s *Ask the Expert Nurse Practitioner* web site and is an editorial board member for Medscape’s e-journal. She is the Editor-in-Chief for APCToday.com – a website designed for the Advanced Practice Clinician to provide comprehensive clinical and practice information.

Wendy has served a consultant to a number of pharmaceutical companies, medical offices and corporations. She has been a medical media spokesperson for a number of companies and has appeared on radio, television, and in print magazines.

As a family nurse practitioner, she has also served as an expert witness in medical malpractice cases and is frequently consulted by malpractice attorneys around the area of clinical practice.

Stephen L. Wessler, BA, JD
Evening Special Guest Speaker

7:00 - 8:30 PM April 14, 2010 *“Preventing Bias in Healthcare Institutions”*

Stephen L. Wessler is the Executive Director of the Center for the Prevention of Hate Violence (CPHV), located in Portland, Maine. The Center develops and implements programs in schools, colleges and communities to prevent bias, prejudice, harassment and violence and engages in advocacy to prevent bias motivated violence. Mr. Wessler has conducted scores of workshops, lectures and keynote addresses on preventing hate violence for educators, students, police officers, correctional staff, health care professionals and community members in the United States, Canada, Northern Ireland and the Middle East.

Mr. Wessler, an attorney, developed and directed the civil rights enforcement effort at the Maine Department of the Attorney General from 1992 to 1999. Mr. Wessler is a graduate of Harvard College and Boston University School of Law. He practiced law, both in the Maine Attorney General’s office and in private practice, for over 22 years before creating the Center in 1999. Mr. Wessler has received recognitions or awards for his work from a number of civil rights and professional organizations.

Mr. Wessler is the author of [The Respectful School](#) and a number of articles, reports and other publications focusing on hate crimes and prevention. Mr. Wessler is also a member of the faculty at the University of Southern Maine.

Maine Nurse Practitioner Association



**Maine
Nurse Practitioner
Association**

**15th Annual Spring Conference
Holiday Inn by the Bay
Portland, Maine
April 14-16, 2010**

This program is pending approval by the American Academy of Nurse Practitioners

Special Evening Presentation

Wednesday, April 14, 2010

6:30 - 7:00 PM Early Conference Registration

7:00 - 8:30 PM ***Preventing Bias in Healthcare Institutions***
Stephen L. Wessler, BA, JD

Day One

Thursday, April 15, 2010

7:15 – 7:45 Registration
Continental Breakfast

7:45 – 8:00 Welcome - Day One
Cindy Milles, President, MNPA
Miki Macdonald & Penny DeRaps
Professional Development Co-Chairs

8:00 – 9:00 1. Keynote Address
***Safe Prescribing for the NP:
Avoiding Prescription Errors and
Litigation***
Wendy Wright, FNP

9:00 – 10:00 2. General Session
***Responsible Prescribing: Selected
Topics Within Different Age Groups***
Neil Mills, PharmD

10:00 – 10:30 Break and Exhibits

10:30 – 11:30 3. General Session
***Legal History & Practical
Application of the Maine Medical
Marijuana Act***
The Honorable John McElwee

11:30 – 12:30 4. General Session
***Confronting End of Life Issues in
the ICU***
Woodrow Weiss, MD

12:30 – 2:00 Maine Nurse Practitioner Association
***Lunch, 2009 Annual Meeting
Student Poster Presentations***

2:00 – 4:30 5. Workshop Session (limit 25)
Suturing Workshop
Kathleen Forti-Gallant, FNP, MSN, RNFA

2:00 – 3:15 6a. Breakout Session
***What's New: An Update on
Contraception***
Evelyn Kieltyka, MSN, MS, FNP

2:00 – 3:15 6b. Breakout Session
***Prevent Mental Illness with Early
Detection: The Portland Identification
& Early Referral (PIER) Program***
Constance W. Jordan, MSN, ANP

2:00 – 3:15 6c. Breakout Session
***Gaining With Loss: Postoperative
Weight Loss Surgery Issues for the PCP***
Lynn Bolduc, MS, RD, CDE

3:15 - 3:45 Break and Exhibits

3:45 – 5:00 7a. Breakout Session
***Pharmacological Management of
Older Adult Health Conditions:
Strategies to Enhance Safe Prescribing***
Amy Cotton, MSN, FNP-BC, FNGNA

3:45 – 5:00 7b. Breakout Session
Dying Consciously
Susan Richardson, BSW, LMT

3:45 – 5:00 7c. Breakout Session
***APRN's Scope of Practice &
Abortion Provision: Historical &
Current Practices***
Nancy A. Foss, BA, Women's Health

Maine Nurse Practitioner Association



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Day One Continued

5:00 – 6:30 Scholarship Auction, Reception, Hors d'oeuvres, Cash Bar

6:30 Dinner on Your Own!!!

Day Two

Friday, April 16, 2010

7:15 – 7:45 Registration
Continental Breakfast

7:45 – 8:00 Welcome - Day Two
L. Susan Yetter, President, MNPA
Cindy Milles, Past President
Miki Macdonald & Penny DeRaps
Professional Development
Co-Chairs

8:00 – 9:15 8. General Session
Pulmonary Lecture
Andrew Dixon, MD

9:15 – 10:30 9. General Session
Double Your Chance to Win the Lottery: Making Useful Sense of Clinical Research
Thomas G. Bartol, NP

10:30 – 11:00 **Break and Exhibits**

11:00 – 12:15 10. General Session
Venous Disease: An Overview of Venous Thromboembolic Disease and Venous Insufficiency
Ashley Robertson, MD

12:15 – 1:30 **Lunch**

1:30 – 4:30 11. Workshop
12 Lead EKG Interpretations
John Raymond, MS, PA-C, MHP

1:30 – 2:45 12a. Breakout Session
Disorders of Iron Metabolism
Jill Boudreau Grant, MT (ACSP)

1:30 – 2:45 12b. Breakout Session
Managing Anxiety Disorders in Primary Care
L. Susan Yetter, PhD, APRN, PMH-NP

1:30 – 2:45 12c. Breakout Session
Legal Prescribing Issues
Carol Coakley, JD, FNP

2:45 – 3:15 **Break and Exhibits**

3:15 – 4:30 13a. Breakout Session
Adult ADHD: Do I Have Your Attention? I Should!
Melinda Morrisette, PMH-NP

3:15 – 4:30 13b. Breakout Session
The Weight of Our Future: Treating Overweight Children
Lauri Jacobs, MS, RD, CDE

3:15 – 4:30 13c. Breakout Session
Over Active Update
Michelle J. Lajiness, FNP, BC

4:30 – 4:45 Wrap Up
Turn in Evaluations
Adjourn



Reservation Information

Guest reservations at the Holiday Inn by the Bay should be made in advance by calling

1-800-345-5050 or 207-775-2311.

Ask for the block of rooms reserved for the Maine Nurse Practitioner Association's conference.

Room rates are \$132 for standard single/double rooms. Larger rooms are available at additional costs. Call the hotel for rates.

Rooms reserved for MNPA will be held until March 14, 2010.

Reservations after that date are subject to availability.

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**Driving Directions to the
 Holiday Inn by the Bay**

Take I-95 to Exit 44 (formerly Exit 6a). Continue on I-295 to Exit 7, (Franklin Street).

Stay on Franklin Street for five (5) lights.

Take a right onto Middle Street, travel approximately 1 mile. (Middle Street turns into Spring Street.) Holiday Inn is on the left.

Parking

Overnight guests should park in the garage under the Holiday Inn. Day guests should park in the new garage (north) to the Holiday Inn on Spring Street

2010 Conference Faculty

Special Guest Speaker - Wednesday Evening

Steve Wessler, BA, JD

"Preventing Bias in Healthcare Institutions"

Key Note Speaker

Wendy L. Wright, MS, RN, ARNP, FAANP

"Safe Prescribing for the NP: Avoiding Prescription Errors and Litigation"

Thomas G. Bartol, NP

Lynn Bolduc, MS, RD, CDE

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Amy E. Cotton, MSN, FNP-BC, FNGNA

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Lauri A. Jacobs, MS, RD, CDE

Constance W. Jordan, MSN, ANP

Evelyn Kieltyka, MSN, MS, FNP

Michelle J. Lajiness, FNP-BC

The Honorable John McElwee

Neil Mills, PharmD

Melinda M. Morissette, PMH-NP

John Raymond, MS, PA-C, MHP

Susan Richardson,BSW, LMT

Ashley L.M. Robertson, MD

Woodrow Weiss, MD

L. Susan Yetter, PhD, APRN, PMH-NP

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106 High Street 774-1740
 Good Cookin'

Fore Street Restaurant

288 Fore Street 775-2717
 American/Family Style

Dimillo's Floating Restaurant

Long Wharf, Commercial Street 772-2216
 Lobster & Seafood

David's Restaurant

Monument Square, Portland 773-4340

Gourmet & Seafood

Old Port Tavern

11 Moulton Street 774-0444

Seafood & Beef

Street and Company

Walter's Restaurant

2 Portland Square 871-9258
 Seafood & Beef

Back Bay Grill

65 Portland Street 772-8833
 Seafood & Beef

555 Restaurant

555 Congress Street 761-0555

Local 188 Restaurant

685 Congress Street 761-7909

For other listings:
www.visitportland.com

15th Annual Spring Conference for Nurse Practitioners April 14-16, 2010 - Registration Form

Name & Credentials: _____

Please print all information, including email address clearly.

Mailing Address: _____ City: _____ State: _____

Zip: _____ Phone: _____ E-mail: _____

	<u>Before 4/1/10</u>	<u>After 4/1/10</u>	<u>Day of Conference</u>		<u>MEALS</u>
Tuition fee for the Wednesday evening lecture is included your registration fee for the Thursday and Friday program. The \$50 fee is <u>ONLY</u> if attend just the Wednesday evening lecture.					
Wednesday Evening Only:	\$ 50.00	\$ 60.00	NA	\$ _____	Breakfast, lunch and all snacks for both conference days are included in your registration fee. Please check here if you require _____ Vegetarian meals For other dietary restrictions please call MNPA.
Thursday:					
MNPA Member	\$175.00	\$185.00	\$210.00	\$ _____	
Non-Member	\$220.00	\$240.00	\$265.00	\$ _____	
Student	\$100.00	\$100.00	\$100.00	\$ _____	
Friday:					
MNPA Member	\$175.00	\$185.00	\$210.00	\$ _____	
Non-Member	\$220.00	\$240.00	\$265.00	\$ _____	
Student	\$100.00	\$100.00	\$100.00	\$ _____	
Thursday & Friday					
MNPA Member	\$300.00	\$315.00	\$340.00	\$ _____	
Non-Member	\$350.00	\$365.00	\$390.00	\$ _____	
Student	\$175.00	\$175.00	\$175.00	\$ _____	

Total \$ _____

Make checks payable to: Maine Nurse Practitioner Association

Return registration and payment to MNPA, 11 Columbia Street, Augusta, Maine 04330 Tel: 207.621-0313 Fax: 207.622.4437

___ Check Enclosed ___ Visa ___ MC - Credit Card # _____ Exp. _____

Please indicate which session you wish to attend and notice that some sessions overlap

Special Wednesday Evening Presentation Wednesday, April 14,

- (7:00 - 8:30 PM) **Special Presentation**
Preventing Bias in Healthcare Institutions

DAY 1: THURSDAY, April 15

- (8:00 - 9:00 am) **Session 1: Keynote Address:**
Safe Prescribing for the NP: Avoiding Prescription Errors and Litigation.
- (9:00 - 10:00 am) **General Session 2: Responsible Prescribing: Topics Within Different Age Groups**
- (10:30 - 11:30 am) **General Session 3: Legal History and Practical Application of the Maine Medical Marijuana Act**
- (11:30 - 12:30 pm) **General Session 4: Confronting End of Life Issues in the ICU**

CONCURRENT BREAKOUT SESSIONS and WORKSHOPS:

- 5 (2:00 pm – 4:30 pm) Suturing Workshop (Limit 25)**
(Participation in 5 precludes participation in 6a, 6b, 6c, 7a, 7b, 7c,)
- 6a (2:00 pm – 3:15 pm) What’s New: An Update on Contraception** (Participation in 6a precludes participation in 5, 6b, 6c,)
- 6b (2:00 pm – 3:15 pm) Prevent Mental Illness with Early Detection: The Portland Identification & Early Referral (PIER) Program** (Participation in 6b precludes participation in 5, 6a, 6c)
- 6c (2:00 pm – 3:15 pm) Gaining with Loss: Postoperative Weight Loss Surgery Issues for the PCP**
(Participation in 6c precludes participation in 5, 6a, 6b)
- 7a (3:45 pm – 5:00) Pharmacological Management of Older Adults: Strategies to Enhance Safe Prescribing**
(Participation in 7a precludes participation in 5, 7b, 7c,)

- 7b (3:45 pm –5:00 pm) Dying Consciously**
(Participation in 7b precludes participation in 5, 7a, 7c)
- 7c (3:45 pm – 5:00 pm) APRN’s Scope of Practice & Abortion Provision: Historical Perspectives and Current Practices**
(Participation in 7c precludes participation in 5, 7a , 7b)
- DAY 2: FRIDAY, APRIL 16**
- (8:00 - 9:15 am) **General Session 8: Pulmonary Lecture**
- (9:15 - 10:30 am) **General Session 9: Double Your chance to Win the Lottery: Making Useful Sense of Clinical Research**
- (11:00 -12:15 pm) **General Session 10: Venous Disease: An Overview of Venous Thromboembolic Disease and Venous Insufficiency**
- CONCURRENT BREAKOUT SESSIONS and WORKSHOPS:**
- 11 (1:30 pm – 4:30 pm) 12 Lead EKG Interpretations Workshop**
Participation in 13a precludes participation in 13b, 14a, 14b, 14c, 15a, 15b, 15c)
- 12a (1:30 pm – 2:45 pm) Disorders of Iron Metabolism**
(Participation in 13b precludes participation in 13a, 14a, 14b, 14c, 15a, 15b, 15c)
- 12b (1:30 pm – 2:45 pm) Managing Anxiety Disorders in Primary Care** (Participation in 14a precludes participation in 13a, 13b, 14b, 14c)
- 12c (1:30 pm –2:45 pm) Legal Prescribing Issues**
(Participation in 14b precludes participation in 13a, 13b, 14a, 14c)
- 13a (3:15 pm – 4:30 pm) Adult ADHD: Do I Have Your Attention? I should!** (Participation in 14c precludes participation in 13a, 13b, 14a, 14b)
- 13b (3:15 pm – 4:30 pm) The Weight of Our future: Treating Overweight Children** (Participation in 15a precludes participation in 13a, 13b, 15b, 15c)
- 13c (3:15 pm – 4:30 pm) Overactive Bladder Update**
(Participation in 15b precludes participation in 13a, 13b, 15a, 15c)



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