

Maine Nurse Practitioner Association 2018 Spring Conference

Featuring National Key Note Speaker

Kenneth Carpenter, PhD

Invitation to Change Approach:

Blending Evidence-based Strategies for Family Members with Substance Use Problems



Yikes! Stripes! It's Spring Conference Time!

April 25-27, 2018

**Point Lookout Conference Center
Lincolnton, Maine**



2018 Spring Conference Agenda

This activity was planned in accordance with AANP Accreditation Standards and Policies and is pending approval

Evening Presentation

Wednesday, April 25, 2018

6:30 PM – 7:00PM Early Conference Registration
 7:00PM – 8:30PM *Compassion Fatigue Among Nurse Practitioners in Maine* -Eva Quirion, PhD, FNP-C

Day One

Thursday, April 26, 2018

7:15 – 7:45 Registration - Continental Breakfast
 7:45 – 8:00 Welcome - Day One
 Anne Perry, President, MNPA
 Amy Langley, Bonnie Case, Professional Development Co-chairs
 8:00 - 9:30 1. Keynote Address - *Invitation to Change Approach: Blending Evidence-based Strategies for Family Members with Substance Use Problems* - Kenneth M Carpenter, PhD
 9:30 – 10:00 **Break and Exhibits**
 10:00 – 11:00 2. General Session – *Beyond Our Genes Environment, Epigenetics and Public Health*
 Mary Ann Handel, PhD, Professor
 11:00 – 12:00 3. General Session – *Headaches*
 Annette Goodman, DO
 12:00 – 2:00 **Maine Nurse Practitioner Association Lunch, Exhibits, 2018 Annual Meeting**
 2:15 – 4:15 4. Workshop – *Becoming a Preceptor: Why, When and How?* - Nancy Fishwick, PhD, FNP
 Susan Doughty, APRN, WHNP-BC, Miki Macdonald, FNP Lyndsey Patton, FNP
 2:15 – 3:15 5a. Breakout Session – *PrPEP: Pre-exposure Prophylaxis for HIV* - Meredith Hunt, CNP
 2:15 – 3:15 5b. Breakout Session – *Medications After Bariatric* - Jess Bates, PharmD, BCACP
 3:15 – 4:15 6a.. Breakout Session – *Buprenorphine: Everything You Always Wanted to Know*
 Susan Gurney, MSN, NP-C, PMHNP-BC
 3:15 – 4:15 6b. Breakout Session – *A functional Medicine Approach to GI Symptoms and Disease* - Meneah Haworth, FNP-C
 3:15 – 4:15 6c. Breakout Session – *“America’s Other Drug Problem: Polypharmacy...How We got Into This and How We Can Get Out!”* - Tom Bartol, FNP
 4:30 to 6:00 **Reception, Scholarship Auction**
 6:00 **Dinner on Your Own**

Day Two

Friday, April 27, 2018

6:30 to 7:30 AM 7. Session – *“Yoga for the Nurse Practitioner: A Gentle Practice with Techniques for Clinical Practice”* Tom Bartol, FNP
 7:00 – 7:45 Registration, Breakfast Buffet
 7:45 – 8:00 Welcome - Day Two
 Anne Perry, President
 Amy Langley, Bonnie Case
 Professional Development Chairs
 8:00 – 9:00 8. General Session – *Healthcare through the Ages*
 Ashley Robertson
 9:00 – 10:00 9. General Session – *Sticks and Stones Can't Break My Bones: 2018 Osteoporosis Review and Update* Rick Pope, MPAS, PA-C, DFAAPA, CPAAPA
 10:00 – 10:30 **Break, Exhibits**
 10:30 – 11:30 10. General Session – *What is ANA and Why Is It Always Positive?* - Lance Feller, MD
 11:30 – 12:30 11. General Session – *Legislative and Regulatory Issues of Interest to NPs* - Valerie Fuller, PhD, DNP, AGACNP-BC, FNP-BC, CWON-AP
 12:45 – 1:30 **Lunch**
 1:45 - 3:45 12. Workshop - *Joint and Soft Tissue Injection Technique Workshop* (limited to 25) - Rick Pope, MPAS, PA-C, DFAAPA, CPAAPA
 1:45 – 2:45 13a. Breakout Session - *Managing the Challenges of Adolescent and Pediatric Mental Health* - David Prescott, PhD
 1:45 - 2:45 13b. Breakout Session – *Endometriosis: The Invisible Disease* - Christina Theriault, MSN, BSN, WHNP
 2:45 - 3:45 14a. Breakout Session - *Hepatitis C in Primary Care* - Kathryn, Cunniff, PharmD MaryAlice Walker, FNP
 2:45 - 3:45 14b.. Breakout Session – *Chronic Kidney Disease*
 Emily Snow, FNP-BC
 2:45 - 3:45 14c. Breakout Session – *Transcare: Hormones and a Whole Lot More* - Sara Hayes, FNP
 Lindsey Piper, MSN, WHNP
 3:45 **Adjourn**

Annual Spring Conference for Nurse Practitioners April 25-27, 2018 - Registration Form

Name & Credentials: _____

Please print all information, including email address clearly.

Mailing Address: _____ City: _____ State: _____

Zip: _____ Phone: _____ E-mail: _____

	By 4/6/18	After 4/6/18	Day of Conference	
Wednesday Evening Only:	No fee	No fee	No fee	
Thursday:				
MNPA Member	\$175.00	\$185.00	\$195.00	\$ _____
Non-Member	\$250.00	\$250.00	\$260.00	\$ _____
Student	\$100.00	\$100.00	\$100.00	\$ _____
Friday:				
MNPA Member	\$175.00	\$200.00	\$250.00	\$ _____
Non-Member	\$250.00	\$250.00	\$260.00	\$ _____
Student	\$100.00	\$100.00	\$100.00	\$ _____
Thursday & Friday				
MNPA Member	\$340.00	\$360.00	\$375.00	\$ _____
Non-Member	\$480.00	\$480.00	\$490.00	\$ _____
Student	\$200.00	\$200.00	200.00	\$ _____
Total				\$ _____

Meals

Dessert & coffee on Wednesday evening, all breakfast, lunch, and snacks and the scholarship reception are included in your registration fee.

Please check here if you require

____ Vegetarian meals

____ Gluten free meals

For other dietary restrictions, please provide your own food.

Make checks payable to: Maine Nurse Practitioner Association
 Return registration and payment to MNPA, 11 Columbia Street, Augusta, Maine 04330
 Or register and pay on-line at www.MNPA.US

Check
 Visa
 MC
 Amex
 card# _____
 Exp. Date _____
credit card's 3 or 4 digit security code _____

Please make session selections and note that some sessions are concurrent.

Wednesday April 25, - Evening Presentation

[] 7-8:30 PM - *Compassion Fatigue Among Nurse Practitioners in Maine* -Eva Quirion, PhD, FNP-C

Thursday April 26, - General Sessions

[] 8-9:30AM -*Invitation to Change Approach: Blending Evidence-based Strategies for Family Members with Substance Use Problems* - Kenneth M Carpenter, PhD

[] 10-11AM - *Beyond Our Genes Environment, Epigenetics and Public Health* - Mary Ann Handel, PhD, Professor

[] 11:00-12:00 Noon - *Headaches* - Annette Goodman, DO

Thursday April 26, Breakout Sessions

[] 2:15- 4:15 PM - *2-hour Work Shop - Becoming a Preceptor: Why, when and How?* - Nancy Fishwick, PhD, FNP, Susan Doughty, APRN, WHNP-BC, Miki Macdonald, FNP Lyndsey Patton, FNP

[] 2:15-3:15 PM - *PrPEP: Pre-exposure Prophylaxis for HIV* Meredith Hunt, CNP

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Friday Early Morning, April 27, 2018

[] 6:30-7:30 AM - *Yoga for the Nurse Practitioner: A Gentle Practice with Techniques for Clinical Practice* Tom Bartol, FNP

Friday, April 27 - General Sessions

[] 8:00-9:00 AM - *Healthcare Through the Ages* - Ashley Robertson, MD

[] 9:00-10:00 AM - *Sticks and Stones Can't Break My Bones: 2018 Osteoporosis Review and Update* -Rick Pope, MPAS, PA-C, DFAAPA, CPAAPA

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Friday, April 27 Breakout Sessions

[] 1:45-3:45 PM - *2-hour Workshop - Joint Injections (limit 25 participants)* Rick Pope, MPAS, PA-C, DFAAPA

[] 1:45-2:45 PM - *Managing the Challenges of Adolescent and Pediatric Mental Health* - David Prescott, PhD

[] 1:45-2:45 PM - *Endometriosis: The Invisible Disease* Christina Theriault, MSN, BSN, WHNP

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